

# The Pettibon System™

Proven spine and posture correction

## What Happened in Vegas Will Not Stay in Vegas!

The 6th Annual Global Scientific Convention of the American Academy of Minimally Invasive Spinal Specialists, in cooperation with the Royal College of Physicians and Surgeons of North America and the American International University (AIU), was held in Las Vegas, April 14-16.

Dr. Mark Morningstar, a Pettibon practitioner and the Director of Research for The Pettibon Institute, was inducted as a Fellow into the Royal College of Chiropractic Medicine.

Dr. Pettibon was awarded an honorary Ph.D. from AIU in recognition of his more than 50 years of research and innovation in neurospinal biomechanics.

Both Drs. Pettibon and Morningstar presented research.

Having The Pettibon System and Dr. Pettibon's work acknowledged by such a distinguished audience of healthcare professionals was very special. Congratulations!

Then, there was a special meeting with AIU's Chairman of the Board (Benjamin Alli, M.D. Ph.D., M.P.H., F.R.C.S.) and Vice-President (Robert S. Matthews, M.D., Ph.D., F.R.C.S.), where Sharon Freese-Pettibon joined Drs. Pettibon and Morningstar to discuss the creation of the first clinically-based Masters Degree program in Neurospinal Biomechanics. The degree program would have full accreditation so that current chiropractic, physical therapy, and naturopathic students can start the program and apply for financial aid to cover tuition costs.

We will update you as advancements in program development are achieved.

## Pettibon Radiography Textbook Nears Completion

With the increasing popularity of The Pettibon System, combined with the plan for a Masters Degree program, a new textbook is being created to organize The Pettibon System X-ray Procedures into one structured, detailed, clinical reference textbook. With chapters on topics such as line analysis, patient positioning, correlation of sagittal spine alterations to clinical symptoms (complete with extensive references), testing protocols, and scoliosis positioning and analysis, this text promises to be the first edition of a truly exciting foundation of the future of Pettibon academics.

This textbook is designed to also provide the clinician with handy reference material to dispute IME narratives, insurance appeals, and justify treatment plans.

Dr. Morningstar is the editor of the textbook. Peer reviewers outside of the profession are currently reviewing the final draft. The textbook will be available in hardcover format through The Pettibon Institute. It is being published through AuthorHouse Publishing, with a tentative purchase price

## Newsletter

April 2007

Volume 3, Number 4

From Sharon Freese-Pettibon,  
President of Pettibon System, Inc.

### What's the most effective way to ensure success as a Pettibon practitioner?

Have a knowledgeable and committed staff working as a team!

It's not too soon to make plans to attend Spinal Technician/Team Training in Gig Harbor, Washington, July 19-22. June 29 is the closing date for registration and we limit the class size.

The payoff for teams that attend Spinal Technician/Team Training is enormous. Time and time again, we have doctors tell us how their delivery of care, patient satisfaction, and business efficiency soared.

#### Cost:

**\$695** per team member

**\$1,800** for 3 team members

**\$2,000** for 4 team members

**\$2,400** for 5 team members

Have more than 5 on your team?  
Call for pricing?

To Register, call: (800) 766-4885.

### Get Ready For Some Exciting Announcements!

The Pettibon Institute is holding its annual instructor conclave the first weekend in August, in Las Vegas. Expect some exciting outcomes as a result. Once again, what happens in Vegas will not stay in Vegas!

#### Pettibon System Inc.

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of \$109 USD. Pre-orders will be accepted once we are ready to release the book.

### Long-term Scoliosis Case Report to Be Published in Journal of Chiropractic Medicine (JCM)

Dr. Mark Morningstar was recently notified that a case report, tentatively titled “Adolescent Idiopathic Scoliosis Treatment Using The Pettibon System Corrective Procedures” has been accepted in the Journal of Chiropractic Medicine. In this study, the patient was treated for 12 weeks, before graduating from college and moving out of state. Since there were no Pettibon doctors available to whom to refer the patient, the patient was instructed to continue to perform the home care regimen three days weekly. This past December, the patient reported to Dr. Morningstar’s office, 31 months after stopping active treatment. Follow-up x-rays showed a continued improvement of another 15%. Other long-term follow-up studies are being conducted. This case report is the longest follow-up report published in the MANTIS database. In the original report, the patient presented with a 35° lumbar levoscoliosis, which corrected to 20° after 12 weeks of treatment. After 31 months of performing home care exercises, the patient’s levoscoliosis further reduced to 17°. While this may not be statistically significant, it is clinically significant—The Pettibon System and its home care regimen can enable patients to maintain their spinal correction without direct treatment!